

## At Brynteg, we value Community

We know many families are currently experiencing heightened pressures and are struggling to make ends meet. Many of you will not need to be told that the rising cost of living is affecting our community and the families within it. As a school, we know an increasing number of our pupils and their families will be feeling this. With that in mind, we wanted to point you to some sources of support available in the local community. You can look into accessing support now, or in future and can help signpost others to the services available. Please scan the QR codes to access information on a range of support available.



**BARC – Bridgend Community Outreach Centre.** BARC offers support in a range of areas. Please see the website for information on how to enquire about local pantries, free courses and other services.



**Bridgend County**  
There is a variety of help and support available if you are struggling to pay your bills due to the rising cost of living. Scan the QR code to explore.



**Baobab Bach Food Pantries**  
Our Purple Bags of food ensure that members receive quality affordable food for only £5 per bag. On average the bags contain up to 15 items to help fill up your cupboards and make meals. Take a look at the locations and pop in!

If you are in urgent need of fuel, food or advice please:

- Ring 01656 815559 pupil support line
- Or
- Email Pupilsupport@bryntegschool.bridgend.cymru

And ask for **BARC**.

Non-judgemental, discreet support and guidance will be provided and referrals can be made to the BARC team (or to any other relevant support teams) for emergency vouchers etc.