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Independence, **Kindness**, Respect, **Community**



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Worries Workshop **for Year 7 Parents & Carers**

Helping your child navigate worries and emotions



Wednesday
21 October 2026



3:30 - 5:00 PM



Humanities Hall
Brynteg School



This session is open to all parents and carers of Year 7 pupils.
Please note that this is a parent/carers workshop and is not intended for pupils to attend.