

Schools Family Advice project

Citizens Advice Bridgend provide free, confidential and impartial advice on a range of areas that affect families including; debt, benefits, housing, employment and family issues.

Advice tailored to your situation.

Fortnightly advice sessions at

**Porthcawl Comprehensive
Pencoed Primary
Cynffig Comprehensive
Maesteg Comprehensive
Brackla Primary
ArchBishop McGrath**

Throughout term time.

To book an appointment call 01656 762800 and ask for a school appointment, or pop into your schools reception to ask for an appointment referral at one of the schools listed.

A drop-in service will be delivered if appointment slots are available on the day - ask at school reception.

Citizens Advice helps people find a way forward.

We give free, confidential and independent advice to help people overcome their problems. We're a voice for people on the issues that matter to them.

We value diversity, champion equality, and challenge discrimination and harassment.

We're here for everyone.

01656 762800
citizensadvice.org.uk



Citizens Advice is an operating name of The National Association of Citizens Advice Bureaux.
Registered charity number 279057.

Schools Family Advice South Wales



Aim of the Project

We know how hard it can be living well in today's society - rising bills, reduced income and many other factors pose a challenge to families on a regular basis.

We want to take some of that worry away by providing income maximisation, welfare benefits, energy, housing, and debt support to parents of children living in Bridgend.

45% of children say they worry about having enough to eat. The Wellbeing of Wales national indicator report states that "children are consistently the age group most likely to be in relative income poverty."

We will work together to put an end to children and families being driven into poverty or worrying about paying bills or buying food.

Is this service for you?

YES -

- If you have school aged children,
- If you worry about affording food, heating, rent / bills, uniforms, etc
- If you have debt
- If you are unsure where to turn for support

Any or all of the above can be explored in an advice session with us.

We can offer FREE advice and signposting to a range of support to help you and your family.

How Citizens Advice can help

Our project will provide 1-2-1 advice sessions (of up to 1hr) for any parent / carer of a school age child within the school setting and provide practical support as well as signposting to other relevant agencies to make immediate and lasting improvements in their lives.

Each parent / carer will receive a full benefit check and income maximisation discussion based on their particular circumstances as well as access to emergency issue support such as food or fuel bank vouchers where applicable.

Individuals can also be referred into our specialist debt team at Citizens Advice if they require ongoing support for debt past the school-based session.